

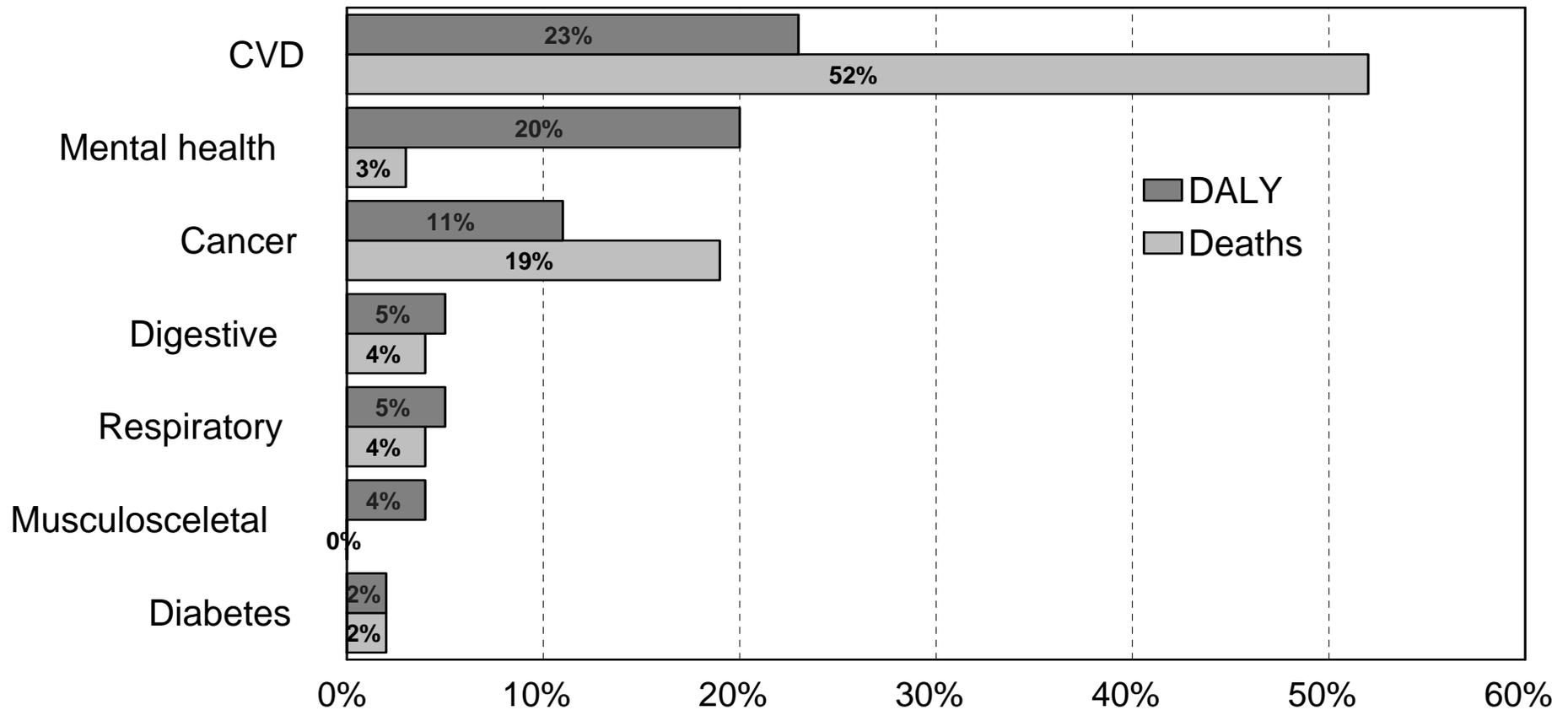


## ***Working Life on the Move: Nutrition, Fitness and Well-Being***



Dr. Reinhold Sochert  
ENWHP Secretariat

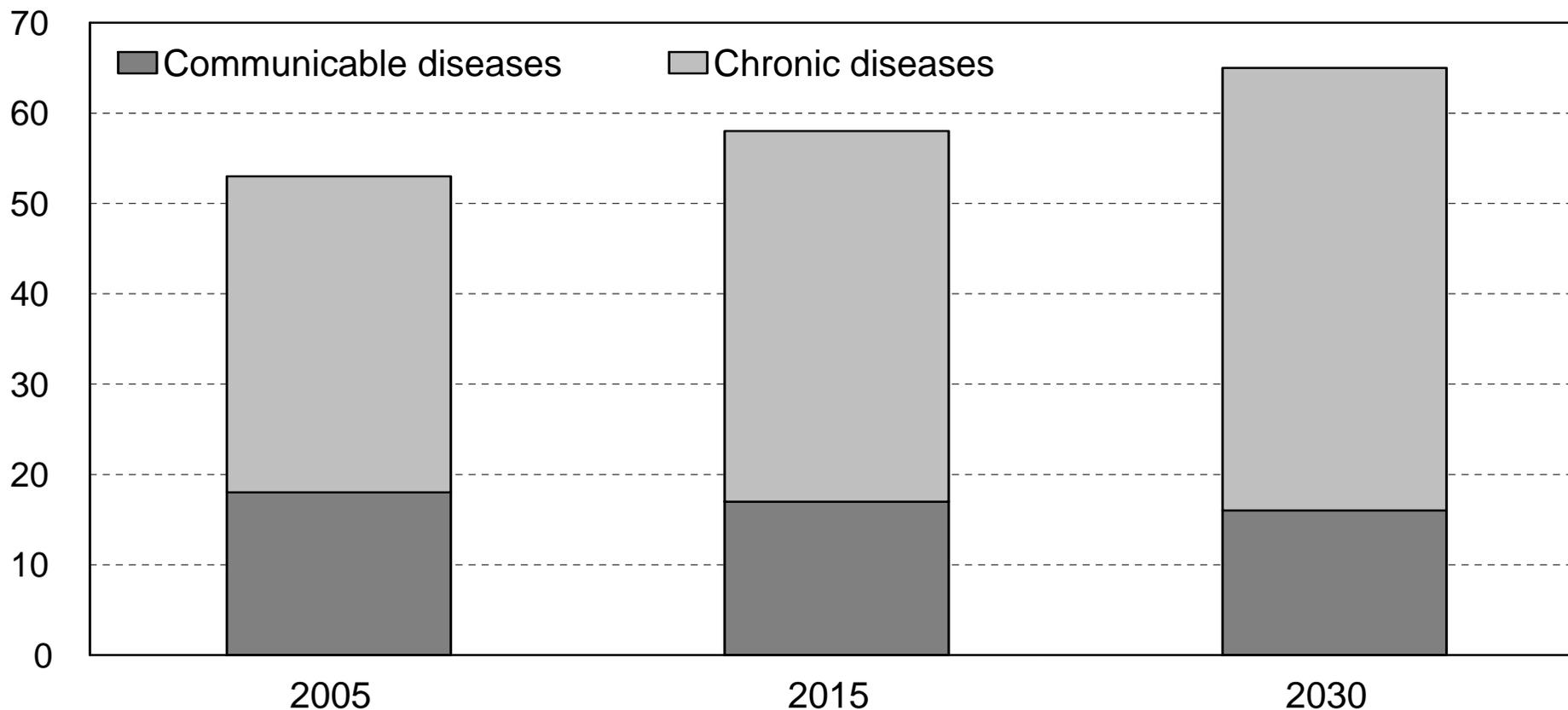
## Burden and Deaths from Chronic Diseases



WHO 2005

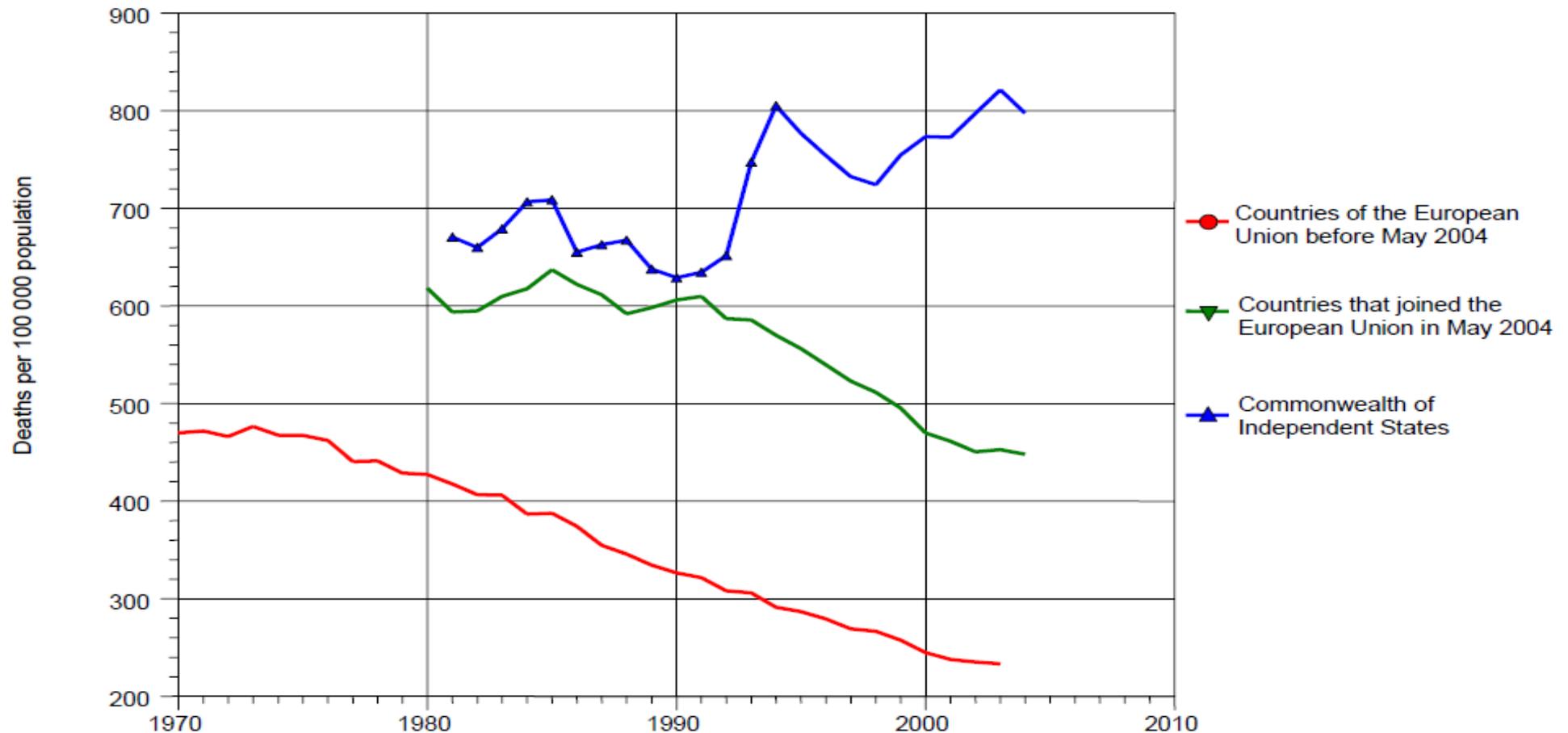
## Trend in Mortality

Millions of Deaths



WHO 2005

## Trends in CVD Mortality



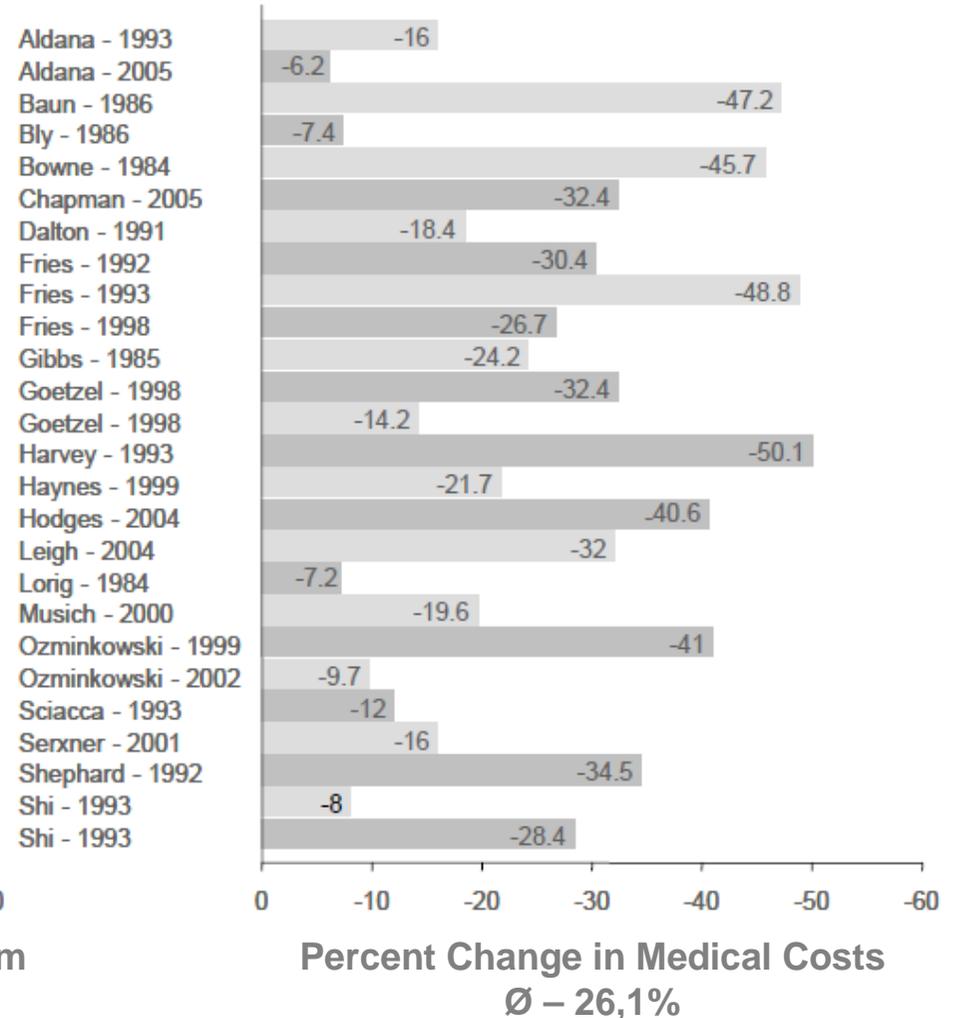
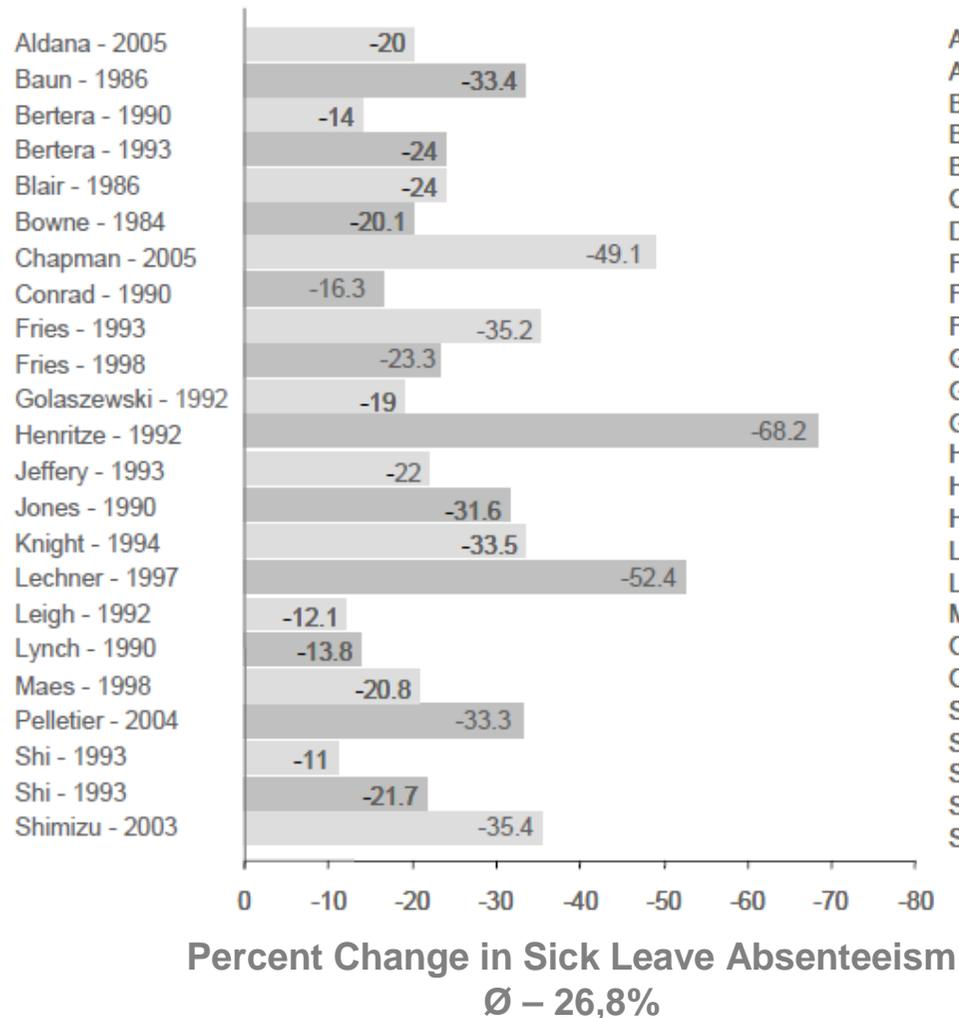
Source: European health for all database [online database]. Copenhagen, WHO Regional Office for Europe, 2006 (<http://www.euro.who.int/hfadb>, accessed 18 August 2006).

## Chronic Diseases and Associated Risk Factors

Chronic diseases	Modifiable risk factors				Intermediate risk factors		
	Diet	Physical inactivity	Smoking	Alcohol	High pressure	High blood cholesterol	Obesity
Heart disease, stroke	■	■	■	■	■	■	■
Cancer	■		■	■			■
Diabetes	■	■			■	■	■
Respiratory disease					■		■

Source: Own illustration according to World Economic Forum / PricewaterhouseCoopers Health Research Institute Analysis, 2007 and World Health Report 2004

# Chapman (2005): Results of Meta - Evaluation



## Breakout Sessions

